The map shows the Baker Park Reserve, which includes various trails and facilities such as the Baker Outdoor Learning Center. The map also indicates trails for different activities, including dog sled, skijoring, hiking, biking, snowshoeing, and sledding. The trails are marked with difficulty levels, with Advanced being the most challenging. The map also shows the locations of restrooms, parking, and other amenities. For more information, viewers are encouraged to check the ThreeRiversParks.org website.